

Counseling Services

Counseling can be one of the most important resources available to you during your tenure at Atlantic Cape whether you are a recent high school graduate, returning adult, transfer student or veteran. Counseling can be essential in assisting you in the achievement of your educational and/or career goals.

A counselor can help you choose an appropriate degree program that aligns with your career goals, assist with the transfer process and help you navigate through obstacles that may interfere with your academic progress.

If you are faced with challenges that you find difficult to handle alone such as personal issues, substance abuse, feelings of depression and/or despair, please come in to meet with a counselor. There is no cost to meet with a college counselor and counselors adhere to ethical guidelines regarding confidentiality. Students are referred to community mental health providers if long-term counseling is deemed appropriate.

Counseling Services

- Personal, academic and career exploration
- Workshops to enhance academic success and personal development
- Transfer assistance
- Student leadership training

Counseling - Drug and Alcohol Education

Counselors are available to assist students seeking to address chemical or alcohol dependency issues. Referrals are made to appropriate community agencies or treatment facilities. Assistance is fully confidential and will not jeopardize enrollment or legal status. For information, call (609)343-5096 or email njones@atlanticcape.edu.