

# Psychosocial Rehabilitation and Addictions Counseling, Associate in Science

This degree provides students with a foundation in general education and provides a concentration of course work focused on the knowledge and practical skills needed to support the recovery of persons with psychosocial disabilities, particularly addictive disorders. Beginning skills are taught in some courses. Psychosocial rehabilitation and addictions counseling can begin at the associate in science level and may advance through a baccalaureate program, a master's degree and a doctorate in related fields. Rewarding career possibilities exist at all levels. Jobs are available in psychiatric rehabilitation, community mental health settings, addiction treatment facilities and numerous other areas. This degree may be earned part-time.

For information, contact faculty advisor, Donna Marie McElroy, at (609) 343-5677 or [dmcelroy@atlanticcape.edu](mailto:dmcelroy@atlanticcape.edu) or department chair, Dr. Beth Sanders-Rabinowitz at (609) 343-4982 or [bsanders@atlanticcape.edu](mailto:bsanders@atlanticcape.edu).

## Upon completion of this program students will be able to:

- Demonstrate knowledge of psychosocial and addictions rehabilitation principles, models and evidence-based intervention strategies, as well as an understanding of the symptoms, and functional deficits associated with psychiatric disabilities;
- Employ individual and group counseling techniques needed to develop partnerships with service users and assist them in identifying and achieving their recovery goals;
- Identify community resources that promote wellness and recovery;
- Demonstrate the ability to document progress towards recovery goals;
- Demonstrate professional and ethical behavior and attitudes in the classroom and the clinical fieldwork site.

(PRAC - Fall 2022)

## General Education Courses

When a course is not specified, refer to the list of approved General Education courses.

### Communication

Course #	Title	Credits
ENGL101	Composition I	3
ENGL102	Composition II	3

### Mathematics-Science-Technology

Course #	Title	Credits
BIOL118	The Human Body	4
MATH220	Statistical Methods	4
	Choose: BIOL103, BIOL109, CHEM110, ESCI100, PHYS100 or PHYS102 (4 credits)	4

### Social Science

Course #	Title	Credits
PSYC101	General Psychology	3
SOCL101	Principles of Sociology	3
SOCL200	Contemporary Social Problems	3

# Humanities

Course #	Title	Credits
	Choose: HIST101, HIST102, HIST103 or HIST104 (3 credits)	3
	Choose: ARTS103, ARTS108, ARTS109, ARTS115, ENGL104, ENGL201, ENGL205, ENGL206, ENGL213, ENGL214, PHIL110, MUSC100, or THEA110 (3 credits)	3

## Program Courses

Course #	Title	Credits
HSRV116	Social Agency Skills and Processes	3
HSRV141	Assessment Skills in Addiction Counseling	3
HSRV142	Counseling Skills in Addiction Counseling	3
HSRV143	Case Management with Addicted Populations	3
HSRV144	Client Education with Addicted Populations	3
HSRV145	Professional Issues in Addiction Counseling	3
PSYC214	Abnormal Psychology	3
SOCL203	Social Inequality and Intergroup Relations	3
	Choose: HSRV115, PSYC135, PSYC204, PSYC226 or PSYC230 (3 credits)	3

## Technological Competency: 0-4 Credits

(Is fulfilled with CISM125, CISM132, testing or reviewed departmental portfolio.)

<b>Total Credits</b>	<b>60</b>
----------------------	-----------

## Recommended Sequence of Courses

### First Semester

Course #	Title	Credits
HSRV116	Social Agency Skills and Processes	3
ENGL101	Composition I	3
MATH220	Statistical Methods	4
SOCL101	Principles of Sociology	3
	Choose: HIST101, HIST102, HIST103 or HIST104 (3 credits)	3

### Second Semester

Course #	Title	Credits
HSRV141	Assessment Skills in Addiction Counseling	3
ENGL102	Composition II	3
PSYC101	General Psychology	3
SOCL203	Social Inequality and Intergroup Relations	3
	Choose: BIOL103, BIOL109, CHEM110, ESCI100, PHYS100 or PHYS102 (4 credits)	4

## Third Semester

<b>Course #</b>	<b>Title</b>	<b>Credits</b>
BIOL118	The Human Body	4
HSRV142	Counseling Skills in Addiction Counseling	3
HSRV144	Client Education with Addicted Populations	3
SOCL200	Contemporary Social Problems	3

## Fourth Semester

<b>Course #</b>	<b>Title</b>	<b>Credits</b>
HSRV143	Case Management with Addicted Populations	3
HSRV145	Professional Issues in Addiction Counseling	3
PSYC214	Abnormal Psychology	3
	Choose: HSRV115, PSYC135, PSYC204, PSYC226 or PSYC230 (3 credits)	3
	Choose: ARTS103, ARTS108, ARTS109, ARTS115, ENGL104, ENGL201, ENGL205, ENGL206, ENGL213, ENGL214, PHIL110, MUSC100, or THEA110 (3 credits)	3